

# Breakfast Product Guide: Preparation, Storage and Shelf Life

| Frozen Product               | Preparation – Use one of these methods:   |
|------------------------------|---|
| Bagels                       | <ul style="list-style-type: none"> <li>• Thaw at room temperature and then place in a toaster.</li> <li>• Thaw in microwave for 15 seconds and then place in a toaster.</li> <li>• Place in a pre-heated oven at 350°F (177°C) for 15 to 20 minutes until toasted.</li> </ul> |
| Muffins                      | <ul style="list-style-type: none"> <li>• Thaw at room temperature.</li> <li>• Thaw in a microwave for 15 to 30 seconds on the defrost setting.</li> <li>• Place in a preheated oven at 350°F (177°C) for 5 minutes.</li> </ul>  |
| Croissants                   | <ul style="list-style-type: none"> <li>• Thaw at room temperature.</li> <li>• Thaw in a microwave for 15 to 30 seconds on the defrost setting.</li> <li>• Place in a preheated oven at 350°F (177°C) for 5 minutes.</li> </ul>  |
| Donuts                       | <ul style="list-style-type: none"> <li>• Thaw at room temperature and then place in microwave for 15 seconds.</li> <li>• Thaw in microwave for 15 seconds.</li> <li>• Place in a preheated oven at 350°F (177°C) for 5 minutes.</li> </ul>                                    |
| Coffee Cakes and Sweet Goods | <ul style="list-style-type: none"> <li>• Thaw at room temperature.</li> <li>• Thaw in microwave for 15 seconds.</li> <li>• Place in a preheated oven at 350°F (177°C) for 5 minutes.</li> </ul>   |

| Finished Product             | Storage   |
|------------------------------|---|
| Bagels                       | Store at room temperature in plastic bags.        |
| Muffins                      | Store at room temperature or freeze.              |
| Croissants                   | Store at room temperature or freeze.              |
| Donuts                       | Room temp 1-2 days. With cream, must refrigerate. |
| Coffee cakes and sweet goods | Store at room temperature or freeze.              |
| Quick breads                 | Store at room temperature or freeze.              |

| Finished Product             | Shelf Life                             |
|------------------------------|--|
| Bagels                       | 24 hours                               |
| Muffins                      | 72 hours packaged; 24 hours unpackaged |
| Croissants                   | 48 hours packaged; 24 hours unpackaged |
| Donuts                       | 12 hours                               |
| Coffee cakes and sweet goods | 1-2 days at room temperature           |
| Quick breads                 | 72 hours packaged; 24 hours unpackaged |

