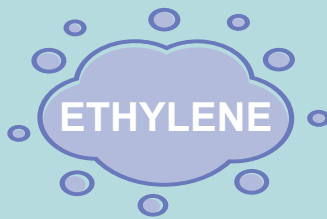




## Ethylene Producers / Sensitive



### What is ethylene?

Ethylene is a gas released by some fruits and vegetables that causes produce to ripen faster. Some fruits and vegetables are more sensitive to ethylene than others.

### What can you do?

Do not store fruits and vegetables that produce ethylene with those that are sensitive to ethylene.



**Keep these apart.**



### Ethylene Producers

- Apples (ripening)
- Apricots
- Avocados
- Banana (ripening)
- Cantaloupes
- Cherimaya
- Figs
- Guavas
- Honeydew melons
- Kiwis (ripe)
- Mamey sapote
- Mangoes
- Mangosteen
- Nectarines
- Papayas
- Passion fruit
- Peaches
- Pears
- Persimmons
- Plantains
- Plums
- Prunes
- Quinces
- Tomatoes

### Ethylene Sensitive

- Apples (unripe)
- Bananas (unripe)
- Belgian endives
- Broccoli
- Brussels sprouts
- Cabbage
- Carrots
- Cauliflower
- Chard
- Cucumbers
- Eggplant
- Green beans
- Kiwis (unripe)
- Leafy greens
- Lettuce
- Okra
- Parsley
- Peas
- Peppers
- Spinach
- Squash
- Sweet potatoes
- Watercress
- Watermelon
- Yams